

WEEKLY PROGRAM

FITNESS & SPORTS ACTIVITIES

DAY / TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:30	 YOGA	 PILATES	 STRETCHING	 BODY FIT	 YOGA	 PILATES	 STRETCHING
11:15	 DARTS	 PING PONG	 WATER PONG	 DARTS	 PING PONG	 DARTS	 WATER PONG
12:00	 AQUA GYM	 AQUA DANCE	 AQUA FUSION	 AQUA GYM	 AQUA DANCE	 AQUA FUSION	 AQUA GYM
15:30	 AQUA YOGA	 WATER POLO	 WATER VOLLEY	 WATER BASKET	 AQUA VOLLEY	 WATER YOGA	 WATER POLO
17.00	 FOOTBALL	 VOLLEYBALL	 FOOTBALL	 INTERVAL	 BRAZILIAN HIPS	 VOLLEYBALL	 BODY FIT
20:30	MINI DISCO	MINI DISCO	MINI DISCO	MINI DISCO	MINI DISCO	MINI DISCO	MINI DISCO
21:15	GREEK LIVE MUSIC (News café)	KARAOKE NIGHT (Reflections bar)	BINGO (Reflections bar)	GREEK NIGHT (Pefko)	QUIZ GAME NIGHT (Reflections bar)	LIVE MUSIC (News café)	LIVE MUSIC (News café)

THIS PROGRAM IS SUBJECT TO CHANGE | PATHOS ANIMATION TEAM 2023

THE MEETING POINT FOR THE ACTIVITIES IS AT THE PARK, NEXT TO THE MINI CLUB