ELXIS SPA MENU

MASSAGE

Candle Ritual

Full body relaxing massage with aroma candle, specifically processed and enriched with jasmine elixir Time:60' Cost:100€

Full body Relax

Full body relaxing massage with almond oil, that helps to relieve stress.

Time:60' Cost: 100€

Deep Tissue

Full body massage with combinations of deep pressure techniques ideal for tense muscles

Time:60' Cost: 100€

Back Massage

Relaxing massage with focus on the back, shoulders, neck and hands. Time:30' Cost:65€

Reflexology

Massage and pressure technique focused on the feet in order to activate the reflex points for relaxation and wellbeing Time:30' Cost: 65€

Legs Relief Massage

Relieves fatique, pain in the legs, stimulates the metabolism and blood circulation, relieve swelling. Time:30' Cost: 65€

Indian Head Massage

Oil free traditional Indian head and neck massage. Time:30' Cost: 65€

Shea Butter Massage Full body massage with Shea Butter for deep skin hydration. Time:60' Cost: 100€

FACE TREATMENTS

Deep Cleansing

Removes dead skin cells and sebum, removes small spots, purify the skin of the face.

Time:90' Cost:140€

Vitamin Hydration

A unique treatment for deep skins hydration with a complex of with vitamins A, C and E for nourishment and restoration. Time:60' Cost: 100€

After Sun Face Treatment

Hyaluronic acid combined with vitamins for deep hydration after prolonged sun exposure. Time:60' Cost: 100€

Intensive Anti-aging Cellactive

Cell active anti-aging treatments course with products based on steam cells, redwood and flower vine that rejuvenates the skin Time:60' Cost: 100€

Lab Division Collagen Booster

Enhances collagen production, smoothes wrinkles and strengthens skin's defense mechanism Time:90' Cost:140€

Intensive whitening

Whitening & anti-aging treatment that stimulates collagen production and smoothes blemishes Time:60' Cost: 100€

Specifics Eyes Treatment

Special eyes treatment with action against wrinkles, dark circles and swellinas. Time:45' Cost:80€

BODY TREATMENTS

After Sun Body Treatment

Deep hydration and nourishment treatment with mask for the whole body Time:60'

Cost: 100€

Bi – Thermal

Integrated body care treatment for weight loss, chipping lines, cellulite and detentions treatment. Time:90' Cost:140€

Anti – Cellulite

Body treatment concentrates on stimulating the blood vessels in skin targeting cellulite and detentions Time:60' Cost: 100€

Cold compress Cryogenic

Treatment with firming action, recommended for those suffering from edematous conditions, heavy ends and poor circulation. Time:60' Cost: 100€

ELXIS SPA MENU

NAMASTE

Thai Massage

A combination of yoga stretches, mild vibrations and pressure on body's meridians using hands, elbows and thumbs.

Time:90'

Cost: 140€

Shiatsu

An ancient Japanese pressure point massage that restors the energy flow, unlocking the meridians. Time:60' Cost: 100€

Hot stone massage

Massage technique utilizing volcanic stones activating the body's chakras and releasing accumulated negative energy

Time:60'

Cost: 100€

Yoga Balance Massage

Full body massage combined with limb stretching and backbone massage technique. Cost: 100€

Time:60'

Thai foot Massage

Combination of stretches and reflexology pressure as performed in Thailand. Relieve the pain and tiredness. Time:30' Cost: 65€

Shirodhara Head Massage

Ayurvedic face, neck and head massage with herb enriched oil. Restore nervous system, helping with sleep problems. Time:30' Cost: 65€

Chi Nei Tsang

Massage that relieves the abdominal region of toxins and negative energy which accumulates in the field as a reaction to the stress experienced by the person. Cost: 65€

Time:30'

Balinese

Massage with essential oils by hand, elbow and thumb pressure that relieves muscular tensions. Time:60' Cost: 100€

PERSEPHONE AGIENT GREEK SCHOOL

<u>Ares</u>

Full bodies massage ritual with use of oil, stones and towels, precisely as Herodotus descriptions. Time:60' Cost: 100€

Aphrodite

Facial and body massage from tip to toe.Inspired by depictions found on amphorae dating back to the Minoan civilization.

Time:75' Cost:120€

<u>Athena</u>

Treatment based on Hippocrates therapeutic massage techniques with the use of cups, herbs and honey. Time:60' Cost: 100€

Demetra

Unique massage technique with virgin green olive oil, as it was ritually provided in ancient Sparta. Combine relaxation with a totally natural skin nourishment.

Time:60' Cost: 100€

Estia

A full body scrub with salt from the Greek sea followed by a full body massage ritual.

Time:75'

Cost:120€

Hera

Indulge in a massage ritual for your body and enjoy the benefits of lemon or orange extracts on your skin. Time:60' Cost: 100€

Dias Couple Massage

Sense like a King and Queen by experiencing a ritual treatment after the royal wedding. Time:90' Cost: 140€

Poseidon

Scrub for the entire body with herbs and salt from Greek sea. Time:30' Cost: 65€

Hermes

A full body massage with honey and royal jelly, exceptionally popular in the Mycenaean civilization 3500 years ago.

Time:60'

Cost: 100€

Enjoy now special prices with Elxis Spa Wellness Plan Packages for any treatment of your choice: DANAE 4 hours 340€ (1 hour only 85€) 6 hours 450€ (1 hour only 75€) AEGEA HELEN 8 hours 560€ (1 hour only 70€) 650€ (1 hour only 65€) VENUS 10 hours

*The offers are not valid to the other discounts

For Reservation please call tel. – 1910 daily 10:00 – 20:00.